DIOCESE OF ALLENTOWN CHILD PROTECTION

CATECHESIS



GRADE 5

CHILD PROTECTION TEACHING OBJECTIVES GRADE FIVE

- 1. God created me and I am unique and unrepeatable. Because I am created in God's image and likeness, I must give and receive respect.
- 2. Our families and trusted adults and teachers work together to help us grow.
- 3. Safe touch makes a person feel loved and cared for. Unsafe and unwanted touch makes a person feel uncomfortable and unhappy. Unsafe and unwanted touch must be avoided and immediately reported to a parent or trusted adult.
- 4. We show respect for ourselves and others by how we talk and how we act and interact. Inappropriate language, jokes, and actions are not acceptable. The privacy of our bodies may never be violated by anyone of any age.
- 5. We identify good and bad choices and determine how they affect us and others. Sometimes other people make bad choices that affect us, so we must tell and get help.
- 6. Adults and even children sometimes engage in actions or behaviors that are wrong and sinful. The harmful consequences of these actions and behaviors can damage our bodies, our minds, and our spirits. They must be avoided or reported to a trusted adult.
- 7. Some secrets can separate us from others and harm us in many ways.
- 8. Games and play activities with friends should be fun and enjoyable. Some play and games can be wrong and very harmful and must be avoided and reported to a trusted adult.
- 9. We must learn who is a good friend and who is not. When people misuse our friendship by asking us to do something wrong, they are not friends. It is painful to be mistreated or misused by someone we think is a friend. We must report any misuse or mistreatment to a trusted adult.
- 10. Even though the world is not always a safe place, my parents and other trusted adults will keep me safe. While there are people who make bad choices and who harm others, there are good and loving people to help me.
- 11. My parents and family members and other trusted adults will listen to me and help me. I will make a list of three trusted adults I can go to with any problem in addition to my parents and family members. My parents and I will make this list together.

PRAYER SERVICE GRADE FIVE

"WE ARE WHAT WE ARE"

Leader: In the name of the Father....

Hello God

We are here to talk to You for a while, and to think about Your place in our lives.

Pray-er One: When we were younger we learned that You made us and that everything

You made is good. We want to believe this, but we sometimes find it hard to

accept ourselves as good.

Pray-er Two: We want to be better, smarter, different, more popular, taller, shorter,

smaller, heavier, more outgoing, less talkative, and happier; but we are what

we are.

Pray-er Three: Help us during this prayer time to understand a little better how to

appreciate ourselves and to know that we are good just as You have

made us. Amen

Scripture Reading: (Genesis 1:26-31 paraphrased)

Leader: God made us as we are, and though it may be difficult for us to see

ourselves as good, this reading assures us that we are.

Reader One: God said.

"Let us make the man and woman in our own image, in the likeness of ourselves, and let them be partners of the fish of the sea, the birds of heaven, the cattle, all the wild beasts, and all the reptiles that crawl

upon the earth."

Reader Two: God created them and they were indeed very much like God, male and

female God created them.

Reader Three: God blessed them, saying to them....

"See, I give you plants and trees with fruit...." And so it was. God looked over everything that had been made, especially the man and

woman, and saw that indeed it was very good.

The Word of the Lord

All: Thanks be to God

Guided Meditation

Leader:

Close your eyes and slowly breathe in and out. Do this several times.....pause. Now imagine that you are walking on a road and as you walk along you suddenly remember that you are looking for something. The only clue you have is that the object is in a garden. Up ahead you see a wooden fence and you quickly climb over it. It's the garden! Picture it in your mind.....pause.

You start down the first row looking for the object, and then you go down row after row.....pause. finally you see something shiny and you bend down and pick up a key. This is what you were looking for, but you don't know what it opens.

But then you see a farmer coming toward you with a box. She smiles and hands you the box. "This is yours", she says, "it's a gift from god." Quickly you put the key in the lock and open the box. You lift the gift out and look at it. It's a mirror! What kind of gift is this? Why would God give you a mirror?......pause. (Allow 30 seconds or so, invite participants to open their eyes.)

Group Response

Leader: What do we see when we look in a mirror? Ourselves. Only ourselves.

Let us thank and praise God for the gift of ourselves.

Left Side: God, you look at me and you see that I am good.

Right Side: Help me to see the good that You see.

Left Side: All I see are my defects, my needs, my failures.

Right Side: Help me to see the good that You see.

Left Side: You look into my heart and You see the real me, not just the surface

me.

Right Side: Help me to see the good that you see.

(Leader picking up the mirror from the prayer table.)

I will now pass this mirror around. Look into it and as you do, silently pray: "God, help me believe that I am good."

(As the mirror is passed around, soft music could be played in the background.)

Silent Personal Prayer

Leader: I invite you now to spend a few minutes in silent prayer.

Group Closing Prayer

All:

thank You, God, for the gift of ourselves. When we want to be different: better, smarter, stronger, more popular, taller, shorter, smaller, heavier, or more outgoing, remind us that we are very, very good just the way we are. Remind us, too, that those around us were created by You and are loved by You just the way they are. Thank You for Your gifts to others. Thank you for Your gifts to us. Amen

LESSON PLAN GRADE FIVE

THE AFFECTION LURE

Discussion:

- Name some adults in our lives who are important to us and with whom we spend time.
- Name some adults in our lives who we trust and can talk to about important things.
- Is it good to have someone we can talk to?
- There is real love and fake love.
- When your parents tuck you into bed with a big hug and a kiss, is that real love or fake love?
- Review the bathing suit zone. (The private parts of the body)
- If someone tries to touch you in the Bathing Suit Zone, is that real love or fake love?
- What if someone asks us to touch them in their Bathing Suit Zone, is that real love or fake love?
- Suppose an uncle or close family friend tells us that it's really okay. Is it?
- Why do we have the right to stop anyone who tries to touch us in the Bathing Suit Zone?
 - > It's against the law
 - We have a legal right to say what happens to our bodies.
 - We're made in the image and likeness of God. Our bodies are temples of the Holy Spirit.
- What should we do if anyone, even a relative, family friend, or classmate tries to touch us in the Bathing Suit Zone or tells us to touch their private parts?
 - > Say 'No! Stop" That's against the law."
 - Get to safety as soon as possible.
 - > Tell a trusted adult.
 - Ask that trusted adult to help us report it to the police.

PRACTICE SCENARIO

Maria really likes her new stepfather Mark. Since moving in with Maria and her mom two years ago, he has always been really nice to her, giving her lots of attention and pats on the back. Lately though, when Maria and Mark are watching TV alone, Mark has started putting his arms around Maria, and even touching the private parts of her body. Mark acts like nothing is wrong.

- Is something wrong?
- Is mark showing Maria Real Love or Fake love?
- What should Maria do?
- Who should Maria immediately tell?
- Did Maria do anything wrong?
- Did Mark do anything wrong?

THE ASSISTANCE LURE

Discussion:

- Asking for or offering assistance are popular lures with criminals to try to abuse and abduct children.
- What does "abduct" mean? To kidnap; to take a person away either by forcing or tricking them.
- Suppose someone carrying a large pile of books drops some and says "Excuse me, could you please help me carry these things to my car?" What would you do? Does that seem like an honest request for help? It could be but this is a lure used by bad weather people so we have to think first and stay safe. We don't want to be rude but it isn't a child's responsibility to help adults. Adults should ask other adults for help. You could:
 - > Don't give a response
 - Simply ignore the person and keep walking.
 - > Don't give an explanation.
 - > Get to safety.
- Someone approaches you in a blue jeep with license plate "XYZ-227". The driver says, "Excuse me, could you give me directions to McDonald's? The driver says he can't hear you and asks you to come closer. He then grabs your arm. This child could have been abducted.
- If someone in a vehicle tries to strike up a conversation with you, should you:
 - > Be friendly and talk with them?
 - > Stay at least three giant steps away from the vehicle?
 - > Be ready to run like the wind in the opposite direction of the vehicle?
 - > Pretend not to hear and walk away?
 - > Ask for a ride?
- As a general rule, whom should adults ask for help or assistance?
- Suppose instead of asking for help, someone offers to help or assist us with something. They may offer us a ride or help carrying or finding something. How should we respond to an offer to help?
 - > Again, the best response is no response
 - > Ignore the offer
 - Get to safety
- Is it ever okay to go with someone without first asking permission from our parents?
- What if the person says they already got permission for us from our parents? Can we go with them?
- Again, there will be times we need help from people we don't know. For example, if we got separated from our class on a field trip or from our parents in an unfamiliar place. Would the following people be safe choices if we need help:

- > Mom or Dad with children of their own.
- > A single man who offers to help you.
- > Someone working behind a counter in a store.
- > A person we know only from online.
- ➤ A uniformed police officer with a marked car.

PRACTICE SCENARIO

Neal is riding his bike to the store to get bread and milk for his grandmother. At a street light, two men pull up next to him and ask, "Hey kid, where's the nearest gast station?" What should Neal do?

- > Stay three giant steps away from the car.
- > Politely tell the men where a gas station is.
- Pretend not to hear the request for help.
- > Be prepared to quickly turn his bike around and ride like the wind in the opposite direction.

THE PET LURE

Discussion:

- How many of us like animals? How many of us have pets?
- What is your favorite kind of pet?
- Let's pretend we're in a park. Someone with a dog leash in hand comes up to you and says, "Will you help me find my puppy? She got off her leash and ran into the woods over there. Her name is Cuddles and she's soft and fluffy white. Will you help me find her before she gets hurt? Who would help this person look for his puppy? Who would at least be tempted to help? Is there really a lost puppy? **Probably not.**
- Why would someone ask us to look if there wasn't really a puppy? *To fool us or lure us into going with them.*
- What should we do if someone asks us to help search for a lost pet?
 - > Should we speak to them?
 - > Should we go with them?
 - > Should we leave the area immediately and get to safety?
 - > Should we tell our parents?
 - > Should our parents help us report it to the police?

PRACTICE SCENARIO

What if a person we know only from online IM'S us and says they really need someone to pet sit their cute little kitten, and then asks us to meet them at the park in 30 minutes?

- ➤ Would we be tempted?
- > Is there really a kitten?
- > Should we go?

Now suppose I am your neighbor and I tell you, "My rabbit just had little bunnies! Would you like to come see them?" What should we do in this situation?

- Should we say we must first get permission from our parents, then get permission?
- Should we take a parent with us to see the bunnies?
- Could we say, "No thank you" to the neighbor's offer?

THE AUTHORITY LURE

Discussion:

- What is an authority figure?
- Who are some authority figures in our lives? *Parents, Teachers, babysitters, clergy, coaches, youth leaders, older kids*
- Where does all authority come from? *God*
- What does "obey" mean? To do as we are told.
- Which commandment tells us to obey? *The Fourth Commandment*
- As children, are we taught to obey authority figures?
- Why is it that no one not even an authority figure has the right to sexually abuse a child? *It's against the natural law and God's law.*
- Most of the time, children should obey adults. But sometimes it's okay to disobey an
 adult if they tell us to do something that is against the law or makes us feel scared.
 Should we obey if:
 - ➤ A parent tells us to brush our teeth?
 - > A teacher tells us to walk, not run, in the halls?
 - ➤ A classmate tells us to take off our clothes?
 - ➤ A babysitter tells us to touch him/her in the Bathing Suit Zone?
 - ➤ A man in a green car tells us he is a police officer and orders us to get into his car?
- Some criminals use fake badges which are very easy to buy on the internet. Why? *They want to fool us into thinking they are an authority figure who can tell us what to do.*

PRACTICE SCENARIOS

Christopher's youth minister always has fun and interesting activities planned for the group. All the kids love her, and look forward to spending time with her. One day, when Christopher is the last child to be picked up; the youth minister asks Christopher to touch her in the Bathing Suit Zone.

- Does Christopher have to do what the youth minister says?
- **>** Why not?
- > Should Christopher keep what happened a secret?
- **▶** Who should Christopher tell?

If we know the person in authority, it may be harder for us to stand up for our rights, but is it important for us to stand up to people who try to abuse us?

Now let's pretend for a minute that we are home alone. Someone rings the doorbell. Through the glass, we see a man holding up a badge. Speaking through the glass he says, "Hello, I'm with the Health Department, and I'm checking for unsafe milk. There's a report some milk has been contaminated by farm chemicals. I need to come in and check the milk in your refrigerator. Please let me in."

What should we do here?

- > Should we open or unlock the door?
- ➤ Should we call our parents/guardians for help?
- ➤ Should we tell him that our parents are not home?
- ➤ If he does not leave immediate, should we call 911?

Remember MOST authority figures are good people who care about kids and should be treated how? *With Respect*

THE BRIBERY LURE

Discussion:

- Who here likes to get presents?
- When do we usually receive presents or gifts?
- How would we feel if someone gave us a present for no reason? Would we happily accept the gift?
- Would we wonder why we were given a present for no reason?
- What is bribery? *Bribery is when someone gives us something only because they want something in return.*
- Predators sometimes offer kids gifts (candy, games, toys, money) because they want something in return. What might they want?
 - For the child to go with them?
 - To touch the child's Bathing Suit Zone?
 - For the child to touch their Bathing Suit Zone?
 - For the child to keep abuse a secret?
 - For the child to meet them offline, face to face?

What do we know about people who touch children in the Bathing Suit Zone? *They are breaking both man's law and God's law. They must be reported to a trusted adult and to the police.*

- How many of you would be tempted in the following situations: (show of hands)
 - A man at the playground offers you an MP3 player if you'll come talk with him.
 - A neighbor offers to let you swim in her pool if you'll swim without a bathing suit.
 - ➤ An uncle promises to give you \$50.00 if you'll keep abuse a secret.
 - An online acquaintance offers you an expensive computer monitor if you'll meet him at the mall.
 - > A man at the game arcade offers you \$20 worth of tokens if you'll come to his car to get them.
- Are these examples of bribery?
- Should we accept any of these bribes?
- What is a secret?
- Are the following secrets safe or unsafe secrets?
 - > A surprise party?
 - Telling a friend what you got someone for their birthday?
 - Surprising your Dad with some cookies when he gets home from work?

Yes – safe secrets are secrets that are eventually told.

What about these secrets?

- > Secrets we are told to keep from our parents/guardians
- > Secrets we keep because we are embarrassed or scared.
- > Secrets we keep because someone threatens to hurt us or someone we love if we tell.

That's right. These are all unsafe secrets – secrets that make us feel bad or afraid.

- If someone asks us to keep a secret that makes the siren in our gut go off, what should we do? *Tell a trusted adult immediately.*
- If someone gives us a gift, do they then have the right to invade our Bathing Suit Zone? *No, because it's against the law.*

THE EGO/FAME LURE

Discussion:

- What is ego? *How we feel about ourselves; self confidence, self-esteem, self-love.*
- What is fame? *Being well known or famous.*
- How many of you dream of performing on stage or participating in academic, athletic or talent competitions?
- Pretend for a moment you are walking through the mall with some friends. A well-dressed man approaches you, reaches out his hand and says: "with your looks, I know I could make you a star! I'd like you to be in my TV commercial. You'll get \$1000 every time it airs. My office is right across town. Let's go sign a contract now. Don't say anything to your parents. We'll surprise them later!" Who would be tempted by this lure? Most of us would be tempted.
- Does being tempted by this type of lure have anything to do with ego?
- Sure it does. It makes us feel good about ourselves to know someone thinks we are special or that we could be a star.
- There are actually talent scouts on the lookout for kids, teens and adults who are good at singing, dancing, acting or other talents. How do you think a real talent scout would approach us?
 - ➤ Would they give us a business card?
 - Would they tell us that our parents need to call?
 - Would they ask us to go somewhere without permission from our parents?
 - > Would they ask us to keep it a secret from our parents, even for a short time?
- A parent or guardian must be present at all try-outs and interviews with talent scouts. Why is it important for our parents to be there?
 - > To be sure the offer is real?
 - > To look out for our best interests?
 - > To decide whether or not we get the part?
 - > To help keep us safe?
 - > To sign any legal papers?

Remember when kids are under the age of 18, they cannot sign legal contracts without the co-signature of parents.

PRACTICE SCENARIO

Ali, a middle school track star, was thrilled when a man claiming to be a photographer with the local newspaper e-mailed her to request a photo session. Ali excitedly IM'd her mother at work who gave her permission to meet the reporter at her school track for the photo session.

- Should Ali automatically believe the man is who he says he is?
- Would a real newspaper photographer invite a young girl to come meet him without her parents?
- > Should the photographer have contacted Ali's mother to set up the photo shoot?
- > Should Ali's mother check the man's credentials to see if he really works at the newspaper before giving Ali permission to meet him?
- > If he does turn out to be a newspaper photographer, should Ali's mother go with her?

Remember, most people are what kind of people? *Good Weather People. Most people are kind and caring and would never do anything to hurt children.*

THE EMERGENCY LURE

Discussion:

- What are some examples of family emergencies?
- Here are some examples of the Emergency Lure:

"Your mother was in a car accident and has been taken to the hospital. Come with me - quickly."

"Your father broke his leg, and I'm here to take you to the hospital."

"Your house is on fire. Your mother sent me to get you. Hurry, come with me."

Could these things really happen. Yes – emergencies are a part of life

- If someone told us that our mother or father was hurt or that our house was on fire, we would feel scared, worried, confused.
- Would we be thinking clearly?
- Would our "personal computer" be turned on and working properly?
- How many people here have a family code word to use in case of an emergency?
- Actually, code words are not the best defense against the Emergency Lure. Can you
 think of some reasons why a code word might not be such a good idea? Someone
 could trick us into telling them our code word; We might forget our code word;
 We might be so worried that we don't bother using it.
- Better than a code word is a FAMILY EMERGENCY PLAN. This is a plan we create with our family to use in case of emergencies. See attached copy of the EMERGENCY PLAN and review it with the children.

PRACTICE SCENARIO

Ray is at the playground with friends when a woman runs up to him and says, "Come quickly! Your grandmother was just taken to the hospital. She's unconscious and there isn't much time!" What should Ray do?

- Should Ray go with the woman?
- > Should Ray try to stay calm so he can think clearly?
- > Should Ray believe his grandmother is fine until he finds out for sure otherwise?
- Should Ray run or call home to make sure his grandmother is really in the hospital?
- Should Ray stick to his Family Plan of Action?

THE FUN AND GAMES LURE

Discussion:

- What games and sports do you like to play with your friends?
- Are most games and sports safe to play?
- There are many games we play that involve touching. Do we touch other people while: playing tag? Tickling? Snowboarding? Playing touch football? Ice Skating? Wrestling?
- Is there anything wrong with games that include touching? *No, so long as the parts of the body being touched aren't in the Bathing Suit Zone.*
- Should we refuse to play games that involve body contact? *Only those that lead to touching the private areas of the body or getting undressed.*
- OK, what should we do if someone, even a friend, wants to handcuff or tie us up –
 even if they say it is just a game or magic trick? Refuse to let them, leave
 immediately and tell a trusted adult.
- Why is it a bad idea to let anyone, especially an adult or older student, use handcuffs or rope during a game? It makes it almost impossible to protect ourselves or get away.
- What should we do if someone asks us to remove clothing or touches us (on purpose) in the Bathing Suit Zone during a game? *Tell them NO STOP. That's* against the law. Leave immediately. *Tell a trusted adult.*

PRACTICE SCENARIO

Tomas' favorite uncle always plays games with him. Today while they are wrestling, Tomas' uncle touches him in the Bathing Suit Zone two times. What should Tomas do?

- Should he tell his uncle to stop touching him in the Bathing Suit Zone?
- > Should Tomas stop wrestling with his uncle?
- > Should he keep the touching a secret?
- Should he immediately tell his parents what happened?

THE HERO LURE

Discussion:

- What is a hero?
- What makes someone a hero?
- Who are your heroes? Are any of these people your heroes?
 - > Mom and Dad
 - > A teacher or coach
 - > An historical figure like Dr. Martin Luther King
 - > A superhero
 - > A professional athlete
 - > A famous singer
- What is it about our heroes that make us look up to them? Honest, courage, kindness, strength, athletic ability, talent
- Why is it good for us to have heroes?
- If someone we consider a hero tried to abuse us, would they be treating us with respect and dignity?

PRACTICE SCENARIO

There have been rare cases where young kids were abused by people dressed as Santa Claus, superheroes, or television characters. What should we do if anyone, famous or otherwise, tries to abuse us? *Loudly yell NO Stop. That's against the law. Get to safety. Tell a trusted adult. Have that trusted adult help us tell the police.*

Kevin dreams of being a TV weather forecaster when he's older. One day while downtown, Kevin runs into his favorite local TV weather man. When Kevin enthusiastically describes his great interest in weather, the man offers him a tour of the TV station if Kevin will go with him right away. What should Kevin do?

- > Should Kevin go with the weather man right then?
- Should Kevin tell the weather man he needs permission from his parents then get it?
- > Should Kevin ask the weather man if he can tour the TV station later with his parents?
- > Should Kevin make his safety a priority over his wish to spend time with the weather man?

THE JOB LURE

Discussion:

- Do you have chores that you do at home? What are they?
- Do you get paid for doing these chores? Do you get an allowance?
- How many of you have been paid for doing jobs or chores for relatives or neighbors, like cutting grass, shoveling snow or pet sitting?
- Is there anything wrong with being paid to do chores for someone?
- For safety's sake, what do we need to do when considering a job or chore outside the home? *Get permission from parents/guardian, and have them meet the employer.*
- What do we do if the person offering us the job says they already spoke with our parents and got their permission. *Do we still need to check with our parents?*
- For any job for someone outside our home no matter how small do our parents need to know:
 - > Who we're doing the job for?
 - ➤ Where we'll be doing the job?
 - > What type of work we'll be doing?
 - When we'll be doing the job?
 - > What hours we'll be working?
 - ➤ What we'll be paid for the job?

PRACTICE SCENARIO

Let's say you are riding your bicycle on a weekend afternoon. A local storeowner asks if you would help move some boxes from his car to his storeroom. It will only take an hour, and he'll pay you \$15. Answer the following:

- > Should you tell the shopkeeper you need permission from your parents?
- > Should you get permission from your parents?
- Should you let your parents know exactly where you will be and for how long?
- > Should your parents meet the shopkeeper first if they don't know him?
- > Do you have to accept the job?

Suppose a neighbor offers you \$25 to cut his grass and sweep his sidewalk. You get permission from your parents and get to work. When you are finished he invites you inside to be paid. Answer the following:

- > Should you go inside his house?
- Should you tell him you are not allowed inside his house?
- > Should you tell him you will wait outside while he gets the money?
- Should you leave without being paid if he insists you have to come inside?

Suppose you are going door-to-door to fund-raise for your class, sports team, or scout group. What are some good safety rules for door-to-door fundraising?

- Should we always bring a friend along?Should we always bring a parent?
- > Should we ever enter someone's home?
- > Should we go door-to-door after dark?
- > Should we always be polite and say thank you?

THE NAME RECOGNITION LURE

Discussion:

- If someone we don't know called us by name, how many of us would feel: surprise? Confused? Important? Curious? Scared?
- How could a total stranger know our name? Could they know it by: seeing it on something we were wearing or carrying? Seeing it on our blog or web page? Overhearing someone say it? Asking someone who knows our name?
- What are some belongings we might mark with our names? Clothing, back pack, blog or website, lunch box, sports equipment.
- Someone walks up to you and says, "Hi (using your first name). I haven't seen you since you were three years old. Oh, you probably don't remember me, but I'm an old friend of your family's. in fact, I'm going over to your house right would you like a ride?" Should you gow ith the person? Would we be tempted?
- Should we automatically trust someone because they know our name or say they know our family?
- Should we distrust all people?
- If we need to mark belongings, where should we place our name?

PRACTICE SCENARIO

Felicia has a new softball glove and wants to put her name on it so it doesn't get mixed up with someone else's. What should Felicia do?

- Should she put her name in plain view?
- Could Felicia mark the glove with just her initials?
- > Could Felicia use a code or symbol to mark her glove?
- Could Felicia write her name on the inside of the glove where it can't be seen?

Felicia has a blog called "The World According to Felicia". One day there's a posting on her blog that says, "Felicia – I have a present for you. Meet me in the woods at (names a park) after school on Friday." The post is signed by "You Know Who" but Felicia actually isn't sure who that is.

- > Could the person have learned her name by reading her blog?
- Should Felicia assume that "You Know Who" is a safe person?
- Should Felicia go to the park alone on Friday to meet the person?
- > What lures can you pick out in the posting? The Name Recognition Lure and the Bribery Lure

GAME GRADE FIVE

BASED ON CONCEPT OF SIMON SAYS GAME

- Shake your head "no" when your Dad asks you to do something.
- JESUS SAYS: Kneel down and say a prayer.
- Tell a lie about someone.
- JESUS SAYS: Put your hands over your ears so you can't hear some gossip.
- Make fun of a new person in your class.
- JESUS SAYS: go to Mass each Sunday.
- JESUS SAYS: Give someone a pat on the back for something good he or she did.
- JESUS SAYS: Love those who are your enemies.
- IESUS SAYS: Do your best at school.
- Hope on one foot.
- Call someone a bad name.
- Hit your brother or sister.
- Stick out your tongue.
- Make fun of a person who wears glasses.
- JESUS SAYS: Love one another as I have loved you.
- Make a face at your neighbor.
- JESUS SAYS: Do one act of kindness today.
- JESUS SAYS: Shelter those who have no home.\

- JESUS SAYS: love one another give someone in your family a hug.
- Disobey your parents.
- JESUS SAYS: share what you have with the poor.
- JESUS SAYS: You should pray often fold your hands.
- Pull somebody's hair.
- JESUS SAYS: Raise your right hand if you want to help your teacher in class.
- JESUS SAYS: Put your hands on your head if you are a child of God.
- Call someone a bad name.
- JESUS SAYS: Put your hand behind your back to remind you never to take what doesn't belong to you.
- Blow out a candle.
- JESUS SAYS: Feed the hungry.
- Touch your toes.
- JESUS SAYS: You just made up with someone after an argument. Shake hands.
- JESUS SAYS: Close your eyes so you can feel how a blind man feels.
- JESUS SAYS: Knock and it shall be opened unto you.
- Hit your partner.
- Put your hands in pockets.
- JESUS SAYS: Help your Mom around the house.
- Cover your eyes when you see somebody steal something.

- Stamp your feet
- Whisper in your partner's ear a secret you aren't supposed to tell.
- JESUS SAYS: Make the sign of the cross.
- Make a fist.
- Cross your fingers and tell a lie.

PARENT PAGE GRADE FIVE

- We are all created in the image and likeness of God. My body is the temple of the Holy Spirit.
- Our families and trusted adults and teachers share concern for our safety.
- We learn to differentiate between safe, unsafe and unwanted touch. We are called to chastity and we have a responsibility to avoid or immediately report any unwanted or unsafe touch to a parent or trusted adult.
- We show respect for ourselves and others by how we talk, act and live. We must identify respectful and disrespectful language and actions and avoid anyone who fails to respect us. In particular, the areas of our bodies covered by the bathing suit zone are private and must not be violated.
- God gives us the gift of free will. All actions have consequences. We must learn how
 to discern the implications of the choices we make every day. When we experience
 the bad choices of others, we must report the offense and get help.
- The virtue of chastity helps us understand and identify actions or behaviors, which are wrong or sinful. Children, young adults, and adults must avoid actions or experiences or behaviors which offend against chastity.
- Some secrets can be very harmful to us physically, emotionally and spiritually. Always question secret play, secret games and determine how the secret may cause great harm.
- There are many different kinds of friendship. Healthy relationships and friendships can help us to understand ourselves, God and others. We often meet false friends who mistreat us or take advantage of our trust and friendship. Poor relationships and false friendships can deeply harm us psychologically, emotionally, spiritually and even physically. People who manipulate or misuse friendship are not friends. We must report any relationship which can be harmful to us.
- Good communication with parents and family members help keep me safe. I can also help keep younger siblings and others safe by being observant and concerned.
- My parents and family members and other trusted adults will listen to me and help
 me. My parents and I choose three trusted adults I may go to for help in addition to
 my parents.

SCENARIOS FOR REVIEW

The following scenarios may be used in student role playing or scenarios may be read aloud in class and discussed.

Charlie is is offered a job doing chores around the house of an older gentleman. The man promises to pay Charlie well, but tells him not to tell his parents about the job. What should Charlie do? *Charlie should not accept the job and he should tell his parents immediately.*

A man in a suit and tie tells Rita she could make \$300 by appearing on a TV commercial for a local pizza place. The man says she must come with him right away, if she's interested. What should Rita do?

Rita should not go with this man under any circumstances. A true talent scout would approach Rita's parents or ask her to have them contact him.

Anna is at summer camp for two weeks. One day when she is alone with one of the camp counselors, he asks her to pose for some pictures without clothes. What should she do? *Anna should leave immediately, find another counselor, and report what happened.*

A boy in Jocelyn's class is constantly telling her how pretty she is. This makes Jocelyn uneasy, so she tells him to please stop. He refused to stop, and starts saying even more personal things. What should she do?

This boy is sexually harassing Jocelyn, which is against school policy. She should report him to her parents and school officials.

An older student on Sandra's bus offers her some pills. The older girl claims the pills will make Sandra feel good, and people will think she's cool for trying them. What should Sandra do?

Sandra should refuse the drugs, then report the girl to her bus driver, teacher, principal and parents.

Hunter's friend, Jack, is always making nasty comments about minorities. It really bothers Hunter to hear his friend talk that way about people. What should he do?

Hunter should remind Jack that diversity is what makes the world interesting. He should also remind him that God made all of us just the way we are. Though we may all look different, we are all very much the same on the inside – we are temples of God. Every person deserves to be treated with respect and kindness.

Tomas' favorite uncle always plays games with him. Today while they are wrestling, his uncle touches Tomas in the Bathing Suit Zone. What should Tomas do?

Tomas should stop wrestling with his uncle and tell a trusted adult what happened.

Kim overhears some kids bullying a boy on the playground. What should she do?

Bullying is against God's law of love and also against school policy. Kim should immediately report the bullying to a teacher or other school official.

Valerie is chatting with some people online. Suddenly, someone sends her an instant message with an X-rated attachment. What should she do?

Valerie should not respond to the X-rated e-mail. She should show it to a trusted adult immediately, then report it to www.cybertipline.com and her Internet Provider. She should also tell her parents.

Michael's Mom lets him help the next door neighbor wash his car. When they finish, the neighbor tells Michael to come inside so he can pay the boy for his help. What should Michael do?

Michael should politely explain that he is not allowed to enter the house and will wait outside. If the neighbor insists, Michael should leave without being paid and tell his parents.

A man Bernard has never seen before calls to the boy by name. He tells Bernard that he's on his way to see Bernard's Dad. Would he like a ride home? Is it okay for Bernard to go with the man?

No. Bernard should not go with the man just because he knows Bernard's name. Remember, it's easy to find out someone's name. Bernard should get to safety and tell a trusted adult. Kids should always get permission from parents before going anywhere with anyone.

Mary is riding her bike to the store. At a stop sign, two men pull up in a car and ask, "where is the nearest gas station?" What should Mary do?

Mary should stay at least three giant steps from the car, and be prepared to run the other way. She shouldn't feel like she has to talk to them. Remember, adults should ask other adults for assistance.

Caroline is at the playground with some friends. A woman runs up to her and says, "Come quickly! Your grandmother was just taken to the hospital." What should Caroline do? Under no circumstances should Caroline go with this woman. She should stick to her "Family Plan of Action" and run or call home to see if her grandmother is really in the hospital.

Sam's babysitter shows him an X-rated video, then says, "Why don't we do what they're doing on the video?" What should Sam do?

Sam should stop watching the video. He should try to call his parents or another trusted adult to tell them what the babysitter did.

Shauna overhears a classmate bragging that he's got a gun in his locker. What should Shauna do?

Shauna should immediately report this information to a teacher, counselor, principal or other school employee. She can ask that her name not be used. Although the

classmate may be making the whole thing up, shauna should take him seriously. Better safe than sorry.

Sal needs a good paying job, and he needs it soon! He spots an ad for a construction job that requires no experience but promises excellent pay. The ad says to apply for the job in person. What should Sal do?

If he wants to apply for the job, Sal should bring a parent along to make sure the ad is for real.

It's Saturday afternoon and Simon is waiting for his friends in the mall. A man in a suit approaches, flashes a badge, and asks Simon to step outside to discuss the rash of shoplifting at the mall. What should Simon do?

Simon should not leave the safety of the mall under any circumstances. He should say that he has been taught to verify the credentials of authority figures and is forbidden to go with anyone other than a uniformed police officer in a marked car. If the man tries to make him leave the mall, Simon should run to a store and ask a sales clerk to call security.

Valerie has met a guy online who want to meet her in person. What should Valerie do? Valerie should remember that predators cruise the Internet, and that this "guy" may not be who he says he is. If she really wants to meet him, Valerie should only agree to meet in a public place, in the company of her parents or guardian.

Tim, Howard's best friend confides that an uncle has been sexually abusing him for months. Tim's uncle has threatened to kill him if he tells anyone about the abuse. What should Howard do?

Howard needs to convince his friend to get help from a trusted adult. Sexual abuse and verbal threats are against the law and should be reported to the police.

The football coach invites Bill over to his house to watch a football video. While Bill is there, the coach repeatedly offers him beer. What should Bill do?

Bill should decline the beer, leave the coach's house, and report the incident to his parents and the police. It is a crime for adults to provide minors with alcohol or other drugs.

Gina is in line a the supermarket. A man tells her that he is in charge of casting for a movie being filmed locally and that she would be perfect for one of the female roles. The movie director is staying in room 405 at the Carlton Hotel. If she is interested in being in the movie, Gina should go see him between 3:00 and 5:00PM. Gina is interested. What should she do?

Gina should talk everything over with her parents and bring them to meet the director. Her parents will make sure everything is legitimate and safe.

Maria really likes her new stepfather, but one night he comes into her room while she is sleeping and tries to get into bed with her. What should Maria do?

Maria should be assertive. She should tell him to get out of her room and scream for help if necessary. Maria should tell her mother or another trusted adult what happened.

Pat is planning to go to a party on Saturday night. On Thursday, he overhears the host of the party and some friends laughing about their plan to get some girls drunk and have sex with them. What should Pat do?

To begin with, Pat should not attend the party. He should also report what he heard to his parents and the principal. He might want to spread the word about the host's plans for his female guests, so they know not to attend.

Tyler has just run out of money at the video arcade. A man walks in and announces he has a roll of quarters for anyone who will help him fix a flat tire. The man claims he can't change it himself because he hurt his back. What should Tyler do?

Tyler should not go with this man. The man could easily call a tow truck and should not be asking for help from young people in an arcade. Tyler should point the man out to security.

ELEMENTARY REVIEW

Are most people safe or dangerous?

Safe

What two built in personal tools do we have to protect ourselves from "bad weather people"?

Brains and instincts

If a stranger wanted to lure you, would she/he act mean and scary or nice and friendly? *Nice and friendly*

Do all strangers lure children?

No. Most strangers are kind and safe people

A bathing suit covers which parts of the body?

The private parts of the body - the parts that are holy and good. These cover the "Bathing suit Zone".

What do we call an adult who touches a child's Bathing Suit Zone or asks the child to touch theirs?

A child molester or pedophile

Who can be a child molester?

Anyone. A neighbor, coach, camp counselor, clergy, even a relative.

When are some times that an adult may need to see or touch the private parts of a child's body?

- Bathtime for very young children.
- In case of injury to the private parts
- Visit to the doctor with parents present.

Why must we never make up stories about sexual abuse?

Sexual abuse is a serious crime, and reports of abuse are taken seriously. It is against the law to accuse someone of a crime they did not commit.

Who do you tell if someone touches or tries to touch you in the Bathing suit zone? *A trusted adult. Then you should tell the police with the help of that trusted adult.*

Why might it be hard to report abuse, even to a trusted adult?

- It can be embarrassing to talk about something so private.
- The abuser may be someone you care about, and you don't want to get them into trouble.
- You may feel that it was somehow your fault even though it wasn't.

Is sexual abuse ever a child's fault?

No. Sexual abuse is never a child's fault.

What should you do if you tell a trusted adult about sexual abuse and they can't or won't help you?

Tell someone else. Keep telling until someone helps you.

What should you do if someone in a vehicle stops to ask for directions?

Stay at least three giant steps away from the vehicle and be prepared to run the other way. Kids should not talk to drivers who try to engage them in conversation.

What are some examples of when you do not have to obey adults?

- If they tell you to do something that is against the law.
- If they put you in danger.
- If they try to touch the private parts of your body or ask you to touch theirs.
- If they do anything that makes you fear for your personal safety.

What should you do if someone shows you a badge and tells you to go with them? Explain that you are only allowed to go with a uniformed police officer in a marked car. If the person insists, get the attention of another adult. Scream for help if necessary.

Why must parents be present for all auditions and interviews?

To ensure your safety. Also, if you are under 18 years of age, by law, a parent must cosign any contract.

What should you do if someone tells you there has been an emergency in your family? *Stick to your Family Plan of Action. Call or run home to verify the emergency.*

What type of games should you refuse to play?

Those that involve getting undressed or touching the Bathing Suit Zone.

What should you do if an adult wants to tie you up, duct tape, or handcuff you, even as part of a game?

Refuse to let them, leave immediately, and tell a trusted adult.

What should you do before agreeing to do any errand or accepting any job? *Get permission from your parents or guardians*If you need to mark belongings, where should you place your name? *Where it can't be seen by passers-by.*

What should you do if an adult or older student shows you X-rated pictures, videos, computer images, or websites?

Leave immediately and tell a trusted adult.

Should you keep secrets from your parents if another adult asks or tells you to? Why or why not?

No. Secrets we are asked to keep from parents should be told to them immediately.

If threatened with a weapon, what should you do?

Make a commotion to get the attention of others and get to safety.

Why should we report all threats, either verbal or with a weapon?

Because it is a serious crime (a felony) to threaten someone with a weapon or verbal threats.

How should you respond to violent or X-rated e-mail?

Don't respond to it. Report it to parents, <u>www.cybertipline.com</u> and your Internet provider.

How could you stay safe when meeting an online acquaintance in person? *Meet your cyberpal in a public place with your parents.*

What should you do if you see someone being bullied? *Report it immediately to school authorities.*

What should you do if you hear a rumor that someone brought a gun to school? *Immediately tell a teacher, principal or other school authority.*

Why should you expect people to treat you with respect and dignity? Because you are made in God's image and are a child of God. we all need to respect the Christ in one another.

EVALUATION GRADE FIVE

Name			
Most people we don't know ☐ True	are dangerous. — False	☐ Don't Know	
Sexual abuse is against the True	law. 	☐ Don't Know	
Sexual abuse does not alway	ys need to be reported to a t False	rusted adult and police. Don't Know	
Sometimes, it is okay to say ☐ True	someone committed a crim False	e when they really did not. Don't Know	
We are safe from sexual pre ☐ True	edators when we are online. ☐ False	☐ Don't Know	
The human brain is the mos	st powerful computer in the False	world. □Don't Know	
Most children are abused by ☐ True	y strangers. False	☐ Don't Know	
If we look carefully, we can ☐ True	tell if a person is dangerous. — False	Don't Know	
Sexual abuse is never a chil ☐True	d's fault. □ False	☐ Don't Know	
Sexual abuse is an example True	of Fake Love. ☐ False	☐ Don't Know	
If someone really needs our True	help, we don't need our par False	rent's permission to go with them. Don't Know	
Helping someone look for a True	lost pet is a safe thing to do. ☐ False	Don't Know	
We must always respect an ☐ True	d obey authority figures.	☐ Don't Know	
If someone gives us a nice gift, it's okay to keep it a secret from our parents.			

☐ True	☐ False	☐ Don't Know
We should go with someon True	e immediately if they tell us	there is an emergency in our family. Don't Know
It is OK for someone to touc True	ch us in the Bathing Suit Zon	e if it's during a game or sport. Don't Know
It's OK to accept a job witho	out telling our parents if it's j	iust a quick errand. Don't Know
If someone knows our nam True	e, we can trust them. False	☐ Don't Know
Children can be sexually ab True	used by other kids. False	☐ Don't Know
We should never remove or True	ur clothing for photos, video	or webcams. Don't Know