

EXAMINATION OF CONSCIENCE FOR CHILDREN



THE FIRST COMMANDAMENT:

**I am the Lord your God.
You shall have no other
gods before me**

- Do I pray everyday?
- Do I put my trust in superstitions, good luck charms, rather than God alone?
- Do I worship only God?



If you must curse
use your own
name.



The Second Commandment:

**You shall not take the name
of the Lord your God in
vain**

- ❖ Have I used the words "God" or "Jesus" to someone because I was mad?
- ❖ Have I used bad words?

The Third Commandment:

Remember to keep holy the Lord's Day

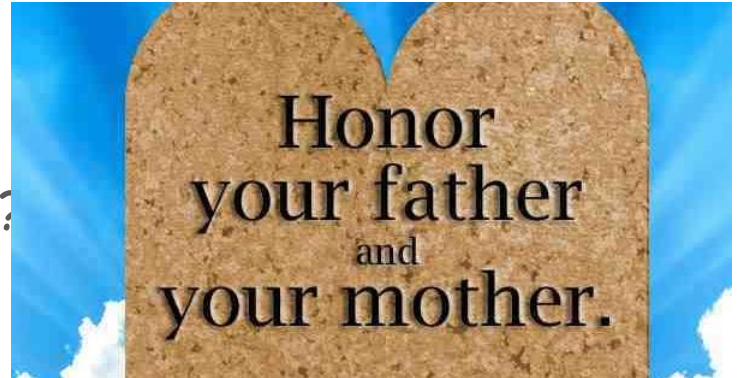
- ❖ Have I missed Mass on Sunday?
- ❖ Do I pay attention during Mass?
- ❖ Do I avoid unnecessary work on
- ❖ Sunday a day of prayer and rest?



The Fourth Commandment:

Honor your father and your mother

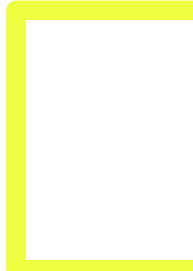
- ❖ Do I obey my parents in what I say and do?
- ❖ Do I give good example to my brothers and sisters?
- ❖ Do I obey teachers, police,
- ❖ elderly people and babysitters?



The Fifth Commandment:

You shall not kill

- ❖ Do I beat up others, hurt their bodies, say mean things about them or make fun of others to hurt feelings?
- ❖ Have I stop speaking to anyone? Do I encourage others to do bad things or wish bad things to happen to others?
- ❖ I am a tattletale or bully?



The Sixth Commandment

You shall not
commit adultery

- ❖ Do I treat my body and other people's bodies with respect?
- ❖ Do I look TV, movies, pictures, videos, social media that are bad?
- ❖ Do I speak nicely to others?



The Seventh Commandment

You shall not steal

- ❖ Have I taken things that were not mine from a store or another person?
- ❖ Have I ruined another persons property for fun?
- ❖ Do I return things that I borrow? In good condition?





The Eighth Commandment

You shall not lie

- ❖ Am I honest in my schoolwork or cheat, copy other students work?
- ❖ Do I tell lies to make myself look good or protect myself from punishment? Do I make others look bad or get them in trouble?



The Ninth Commandment:

You shall not covet your neighbor's wife

- ❖ Do I allow my parents to spend time with one another, or do I get jealous and want them to pay attention only to me?
- ❖ Do I get mad when I have to share my friends?
- ❖ Are there children I will not play with or be mean to because they look different?



The Tenth Commandment:

You shall not covet your neighbor's goods



- ❖ Am I jealous or envious of the things my friend have or because my friends can play sports better than I can?
- ❖ Am I thankful to God and my parents for what they have given me?
- ❖ Do I share the things I have with my family, friends and poor people?