

Prayers of JOY

Directions: The secret to experiencing true joy in life is putting Jesus first, others second, and yourself last. Answer the reflection questions and complete the prayers.

J

What are three sources of joy for you?

1. _____
2. _____
3. _____

Jesus First

Dear Jesus, thank you for _____

O

Who could use a little more joy in their lives right now?

1. _____ because _____

2. _____ because _____

Others Second

Dear Jesus, give joy to _____ so that _____

Y

What is your biggest obstacle to feeling joy?

Dear Jesus, help me _____
so I can experience the gift of your joy!

Yourself Last

